

CROESO! DAY PROGRAM COMMUNITY POTLUCK OCTOBER 21

	Main building	Court Yard	Cinema
10:00	Welcome and introduction		
10:15	Build the capacity and capability of Welsh horticulture, Tyfu Cymru: Grow Wales. Sarah Gould		
10:35	A farmer's Journey From traditional dairy farming to Community Horticulture and heritage spelt. Gerald Miles, Caehrys Farm, Pembrokeshire		
11:05	How to access Land for farming, David Thomas, CLAS (Community Land Advisory Scheme)		
11.35	Cae Tan Community Supported Agriculture, How to run a veg business and provide training opportunities. Tom O'Kane, Gower		
NOON:	 POTLUCK LUNCH IN THE MAIN BUILDING: bring your own food to share		
13:30	FILM PREVIEW: In Our Hands. 2017. A Landworkers Alliance Film (LWA) about the quiet revolution that is transforming the way our food is produced and distributed. The film will be introduced by Humphrey from LWA. 15+60 min.	Rhosyn Meats Parsnipship vegetarian food Alfies Beer bus	
14.45	How to be an organic beef farmer and sell to local markets. John James, Fferm Tyllwyd	Local ale from 'Lithic Brewing'	3 Sustainable Food Trust films about farming for the future. 5 min each.
15.05	Local producer Emma Rose talk about her meat business Rhosyn.	Heritage Apple Pressing (Bring your own too!)	What should a community do with its unused land? Plant food, of course. 14 min TED talk by Pam Warhurst
15:25	Let's build producers and make it easy to buy local. The Food Hub model, Sara Tommerup	Vegetable Face Painting by local eco-artist Clare Misselbrook	Making small farms work. Serious farming solutions for small sustainable farm systems. Richard Perkins, Ridgedale permaculture. 24 min
15.45	Summary session with a focus on the next steps to action; Let's scheme to produce some more sustainable food in the Towy Valley.	Wood Fired Sour Dough Pizzas (from 4pm). Graham Craig from Welsh Grain Forum	Voices from social movements, Center for Agroecology, water and resilience. This video explores the calls to embed agroecology in the struggle for food sovereignty. 20 min
17:00		Live Music: Fiddle Box Accordion and fiddle duo.	
18:30	GOODNIGHT, DAY ENDS		